

Our mission is to help parents of The Classical Academy's Central Campus feel connected and informed. We will provide families with opportunities to bless and support our staff and assist our school as it endeavors to shape exemplary citizens.

Speaker: Mrs. DeMeyer

Sock Hop is here and it's a wonderful family event. Observed that it's fun watching how much the younger kids love dancing with their parents

Also noted how special it is to have Kinder-6th grade together at Central and how it helps to keep kids younger longer.

Principal interviews are ongoing and we hope to have a new Principal chosen and announced before spring break

This morning, the staff had Fika, a Swedish tradition of having coffee and a treat and catching up (but not talking about work!). Mrs. DeMeyer encouraged us to practice Fika as parents, building our bonds as a community, because having a strong community will help to keep Central special.

This morning, Mrs. DeMeyer will be talking to the 6th graders about resilience.

Speaker: Mrs. Kring

Told the story of her experience with Central. She recently moved here from Montana with her military husband and 3 girls- one of whom is in 1st grade, one in Kinder and another who is 3. Moved here for daughter's cancer treatment and she is now in remission. TCA has meant so much for their family, especially with all of the trials their family has face. Mrs. Kring said that she cherishes her job, loves being here and loves what she does. What does a school counselor do? On the Elementary level, the focus is on emotional regulation and maturity. She starts each day at the front, walking about 5-10 children in who really struggle with separation anxiety. She noted that for parents, "hug and run" is best. Don't hesitate because they think you are nervous too. Get on their level and tell them, you are safe here, I love you and I'll see you at 3:30. Mrs. Kring said that she won't leave them crying in the classroom. She also does individual counseling in 15-20 min increments. They play games and chat. Referrals happen if there is no resolution after a few sessions. Parent approval is needed for counseling. Older grades often come to talk about friend issues. There is also group therapy where they work on things like anxiety and how to interact with peers. There is also student crisis counseling (unplanned), which is. mostly students that are dysregulated in the classroom. There is a calm down corner, sensory play, a trampoline and sit and spin. With younger kids we have to figure out what they need and usually gross motor helps. She stated a principal that has guided her: All behavior is communication. She also talks to classrooms when there is an ongoing issue, and does it individually as well. Next year: Processing some of the heavy emotions that come out in books with grades 4-6. They use a mailbox system

where students can come and leave an appointment request. Thank you, Mrs. Kring, for all that you and the counseling team do!

Business items

- February Meeting Minutes- Approved
- Titan of the year nominations are open. This can be any staff member that's made a difference. And they get to read them whether they win or not.
- Board of Director Voting- Vote!
- We are looking for mentors for Kinder and 1st grade parents for next year to make the transition into those grades a little easier. We already have several parents who have volunteered as kindergarten mentors, but we could still use more!
- Room parent Mentors to answer questions.
- Yearbook is a huge job. Veronica needs some help for next year. Specifically, she needs with the "flow and font text job"- helping to layout classroom pages (1st 2 weeks of November) and Yearbook promotion in March.
- If you are interested in the President or Treasurer positions (2-year term), please submit a Bio from now through March 29th. We will vote at the next meeting. Also, if anyone is interested in joining Helen as the Fundraising coordinator, it will be a 1-year interim position.
- Staff Appreciation Gift Cards requested in small denominations to give teachers during staff appreciation month.
- Next Fundraiser at Lulu's Frozen Yogurt April 12 from 12pm-9pm 30% given back. This is the week of testing so it can be a celebration.
- 3 Water bottles given out for door prizes😊

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